



22 units become one to form 367th MP Co.

By SGT Jolene Staker

By the time the 367th Military Police Company (Guard) reserve unit arrived at Guantanamo Bay, they had proven they could adapt and overcome challenges successfully.

The 367th MP Co. is made up of reserve members from 22 different states, most of whom have known each other only six weeks.

“A lot of people would think 22 different units would be a weakness, but we have built a team from the ground up,” said 2LT Matthew Eidson, 1st platoon leader.

1LT Brian Wotring, 3rd platoon leader, credits the soldiers for the successful team building. “The soldiers really did the work,” he said. “They made it very easy to build the team, because they are very motivated to be teams.”

The unit is also very young. Some members had only been through Basic Combat Training and Advanced Individual Training before going through predeployment training at Fort Dix, N.J., without much of a break. Eidson just got out of



Photo by SGT Jolene Staker
PFC Matthew Jenkins holds the company guidon for the formation where the 367th is welcomed to the JTF by COL Nelson Cannon, JDOG commander.

Officer Basic Course in March.

“I would say half the soldiers are under 21,” said Wotring. “They are highly motivated, and most of them volunteered for this mission.”

Eidson estimates that 50 percent of the unit has civilian law enforcement experience.

SPC Andrew Wusterbarth has a Criminal Justice bachelor’s degree and is interested in eventually going into military intelligence. He also hopes this deployment will help him with civilian employment. “I hope to use this as a stepping stone for my law enforcement career,” he said.

Some unit members have served on homeland security missions and bring that experience with them.

SPC Nina Gatewood did a force protection mission at Fort Jackson, S.C., with the 352nd Military Police Company out of Rockville, Md. “I was glad to go because I learned about being an MP,” she said. “I had just finished basic training so it was a good experience.”

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Trooper to Trooper

Standards Prepare Troopers for GTMO Mission Success

By CSM Angel Febles

The transition between GTMO 4 and 5 continues and about several of the units have arrived safely. Most have already assumed their duties, and some are still in the transition process. This weekend we welcomed the 367th MP Company and said goodbye to the 217th MP and 70th MPAD. Talking to the troopers leaving you can sense how proud they are in their overall achievements and mission success.

We are extremely proud of the accomplishments, professionalism and overall selfless service of GTMO 4 and wish them the very best. GTMO 4 succeeded because they assimilated themselves to the high **standards of duty, leadership, discipline, safety and training** of their predecessors. Likewise, GTMO 5 and all other future rotations will succeed, and to do so we must all perform our duties to the best of our abilities.

"If I do my full duty, the rest will take care of itself" - Gen. George Patton.

Standards are paramount; if we give a soldier task and purpose, point him or her in the right direction, supervise, and follow-up, we cannot go wrong. There are detention missions in OIF/OEF that are similar in some areas, but greatly differ in others. However, by reputation we are the **standard** bearer for others to emulate - we are the true example of what right looks like. Having said that, we cannot rest on



our laurels; we must continue to sustain, refine and continuously find ways to get even better.

Lastly, **Heat Can Kill!** The average temperature in GTMO from June through August is about 90 degrees (without computing the heat index). The human body can acclimate to the hot working environment; the process takes about two weeks of daily exposure to heat and adequate hydration. Heat injuries are preventable by individual action and command intervention. It is every leader's responsibility to enforce the standards of preventing heat injuries. I sent several training aids and information posters to all within JTF-GTMO and NAVBASE. Leaders, please ensure all are disseminated to the lowest levels and posted on all bulletin boards.



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Dialpad Allows Troopers to Phone Home

By MAJ Robert McGehee

Troopers and other GTMO residents will soon have another communications asset at their disposal to call loved ones back in CONUS. For the past three months, J6 contractors and military personnel have been working to establish a network that would allow for Dialpad connectivity for the computers located at various MWR centers throughout GTMO. Dialpad is an internet based service that enables troopers to purchase minutes for very reasonable rates (approximately 3 cents per minute), to make telephone calls via MWR computers.

The effort began in April when Dialpad technology was no longer feasible on Guantanamo Bay due to various networking/ security issues. Soon after, the JTF and Navbase Commands made a commitment to establish a new solution and a separate network altogether. Test calls back to the United States have already been successfully placed and the technology is working. Over the next two weeks, J6 General Dynamics contractors and military help desk personnel will be working overtime to install and configure the necessary equipment at the following MWR locations: Camp America North, Tierra Kay, Winward Loop, and the Library on Sherman Avenue. The Liberty Center and Leeward MWR centers require additional equipment and will be configured as soon

as possible.

SPC Carlos Parra of the JDOG participated on a test of the equipment on Thursday 24 June at the Sherman Avenue Library.

"The connection was clear, loud and better than the telephone. It also took a lot less time to connect", SPC Parra said after he called his wife back in New Jersey. Although no web based technology is flawless and performance can be affected by network connection speeds and so forth, the test SPC Parra and others participated in showed promising results.

Obtaining a Dialpad account is easy and can be accomplished in minutes over the Internet. Using the Windows Internet Explorer web browser, troopers can simply log onto www.dialpad.com and establish an account with a credit or debit card. Dialpad time can be purchased in incre-



Photo by PFC Chris Gardner
BG Jay Hood tries out the new Dialpad systems at the MWR computer facilities. The service allows Troopers to make calls to home for as low as three cents per minute.

ments of fifteen or twenty five dollars. In addition to the telephony service Dialpad provides, the MWR systems will also be equipped with webcams for simple video teleconferencing to loved ones and friends back home, provided the distant end user also has a webcam.

Formal rules for use of the MWR systems and associated equipment will be published as the project is rolled out. Since computers are located in close proximity to each other, some concerns will be volume of telephonic discussions being held, length of call while others are waiting and care of equipment such as headsets, webcams, and the computers themselves.

JOIN THE REEF RAIDERS Dive Club!

By SPC Jim Greenhill

An award-winning 54-year-old club offers divers a chance to meet other divers and join diving activities.

Established in 1952, the Reef Raiders Dive Club is open 6 a.m. to 9 p.m. on weekdays and 9 a.m. to 5 p.m. on weekends and holidays. The club is at the bottom of Tozer Road, off Sherman Avenue.

"People that are new to the island have a place to come," Mickey Leonard, club secretary, said Tuesday. Club members include instructors. "There's a wealth of information and years of experience that are available."

Club activities include fun dives - such as an underwater Easter egg hunt and underwater sports - and eco-dives, when members clean up popular diving areas. Club members installed and still maintain many of the island's dive facilities, such as the buoy system, Leonard said.



Occasionally, members get to dive in areas that are normally off-limits.

You don't have to be a member to use the club, but members get discounts. Family membership in the PADI-recognized club is \$60 per year; singles, \$48 per year; temporary, \$6 per month. PADI is the Professional Association of Diving Instructors, one of the main groups offering SCUBA certification.

Member discounts include air cards that allow 10 tank refills for \$20. Non-members pay \$4 per refill. The club also specializes in unique GTMO T-shirts and ball caps, Leonard said.

The club meets the second Tuesday of each month at Cable Beach. All are welcome. Bring something to grill.

For more information, call the dive shack at 7315 or Leonard at 5666.

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Photos by SGT Jolene Staker

(above) SGT James Collis stands in front of the sea hut where he lived when he served during the first JTF rotation.

(below) CSM Angel Febles speaks to members of the 367th MP Co. during their inprocessing.



SGT Jason Adams, one of the few original members of the 367th MP Co. worked on the airport security mission shortly after the 9/11 terrorist attacks with C Company of 2nd Battalion, 113th Infantry Regiment. He volunteered for the homeland security mission.

“It was right after 9/11, and everyone wanted a piece of the pie,” he said. “I am excited to be here also. I know we will do a good job.”

SGT James Collis brings invaluable experience to the mission since he has served in Guantanamo on the detainee mission already. He was one of about 100 military police who took the mission over from the Marines at Camp X-Ray.

He lived in Freedom Heights, which was the tent city set up across from the operation. During his rotation they moved to sea huts in Camp America and Camp Delta was opened.

Having just arrived, Collis had not yet had much time to look around, but one thing that he noticed immediately was the difference in the Tierra Kay housing.

“The last time I was here it looked like the villages you see in the middle of the jungle,” he said.

With all the improvements, there are a few things from his original rotation that he will miss, such as sharing packages from home with the local banana rats.

“We would get care packages and sit them under our cots,” he said. “Banana rats would come in at night and go through our boxes and take our candy.”

He is glad to see the improvements and has a good standard of comparison of how things have changed in the JTF that he shares with his unit members.

“This is heaven compared to what I had to go through,” he said. “Even then, I didn’t have to go through the worst part of it, and we’ve got soldiers today that are in a lot worse spots than this.”

Members of the 367th MP Co. went through scenario-specific training at Fort Dix, N.J., where MPs from the JTF went and helped train them.

“It was very battle focused and very good training,” said 2LT Douglas Harsh, 2nd platoon leader.

“They brought people in from GTMO, which gave us a lot of hands-on training,” said Wotring.

Unit members were welcomed by COL Nelson Cannon, JDOG Commander, shortly after they stepped off the plane.

“I want to thank you for your commitment, because you are about to undertake one of the most challenging roles in the United States Army, this JTF and the military police corps,” Cannon said. “The things that are happening here that you are going to be a part of are making a difference every single day in the Global War on Terrorism – not only overseas but back home in the United States in our communities where we all came from.”

BG Jay Hood, JTF commander, spoke to unit members during their inprocessing time.

“This is every bit as important a job as you have ever done anywhere in your life,” he said. “You have a great responsibility to not only guard and maintain custody over some enemies of the United States but also treat them with basic human dignity and respect. We’re doing that every day at Guantanamo.”

CSM Angel Febles, JTF command sergeant major, also spoke to the unit members. “You have an important mission – as important as the mission in Iraq and Afghanistan,” he said.

SFC Brian Hawkins, company first sergeant, volunteered for the mission when he found out that the unit needed E-7s. He has full confidence in his unit.

“They are going to do excellent at the mission,” he said.

1LT Franklin Bilbrey, company commander, said his unit is ready. “They are going to do great,” he said. “They are looking forward to the challenge.”

70th Mobile Public Affairs Detachment “One Team, One Fight!”



About 20 soldiers, which include public affairs officers, broadcasters, photographers and print journalists, make up the 70th Mobile Public Affairs Detachment (MPAD), whose expertise and skill have been a great asset to the Joint Task Force Guantanamo (JTF-GTMO) during Rotation 4. During their time here, the MPAD has produced 41 issues of *The Wire*, the official command information publication for the JTF, numerous unit videos. The unit has also assisted in several distinguished visitor visits and media escorts.

Hailing from every corner of Missouri and Arkansas, unit members include professionals from various civilian sectors. Civilian jobs include public affairs; state emergency management, audiology, food processing, newspaper, active duty national guard, information technology, and student. The background and know-how gained through their civilian careers brings a vast array of talents and experience to the table, such as training in newspaper production, prior experience with news and media agencies, knowl-

edge of politics and strong leadership skills.

Originally based in Missouri, the MPAD was split between that state and Arkansas (Detachment 1) in 1996. That year, the MPAD did their annual training in Panama. They then gave public affairs support for the second inauguration of Governor Carnahan of Missouri in 1997, while Det. 1 participated in Operation Razorback in 1999.

The 70th deployed to Heidelberg, Germany, in 1998 in support of Operation Joint Forge, under the command of MAJ Ken MacNevin, providing video and photographic support, media marketing and media analysis for the U.S. Army Europe Public Affairs Office. MPAD soldiers also helped with Public Affairs Operations in Bosnia, returning to the United States in April 1999.

The next two years saw transition and rebuilding for the unit, with many MPAD soldiers moving on to other assignments.

By 2001 the MPAD was at it again, providing public affairs support at the

inaugural for Gov. Bob Holden of Missouri, who during the 1970s served in the MPAD himself. The same year, the MPAD also assisted with public affairs training of the 2175th Military Police Company before the company departed for Kosovo, and the MPAD assisted the 135th Field Artillery Brigade during annual training in Minnesota.

In 2002, the MPAD gave public affairs support to the Missouri National Guard Engineers, who were providing security at the Olympics in Salt Lake City, and for the 135th Army Band as it staged concerts in and around Pearl Harbor.

The MPAD provided public affairs support for Missouri and Ohio National Guard Engineers, building schools and clinics in the Chiriqui province of Panama in 2003.

In 2003, the 70th deployed to GTMO to provide public affairs support to the JTF and will be returning home in the near future.

217th Military Police Company

“Honor Bound!”



The 217th MP Co. was allotted on Jan. 16, 1953, to the Alabama Army National Guard as the 131st Medical Holding Company.

The company was redesignated on Oct. 1, 1953, as the 131st Medical Company. Then, it was converted and redesignated on April 1, 1956, as Headquarters, Headquarters and Service Company, 1320th Engineer Battalion. And it was again redesignated on May 2, 1959, as the 2nd Howitzer Battalion, 203rd Artillery.

The company was organized and federally recognized Oct. 20, 1963, in Auburn, Ala. On Jan. 15, 1978, its elements were reorganized and redesignated as Headquarters and Headquarters Battery as the 217th Military Police Company. (Battery A as the 214th Military Police Company; Battery B as a part of the 158th Light Maintenance Company; Battery C as the 123d Supply and Service Company; and

the Service Battery as the 900th Engineer Company).

The 217th Military Police Company moved from Auburn to Prattville effective Nov. 1, 1972. The unit was organized as a signal unit in the late '70s, with a battalion in Opelika, Ala., a company headquarters in Prattville, Ala., and a detachment unit in Tuskegee, Ala.

During the early '80s the 217th became one of four military police companies that made up the 231st Military Police Battalion. Since that time, the 217th has performed such missions as Hurricane Opal and various other state disaster missions. The 217th has completed many missions overseas, such as the Philippines, Panama, Honduras, El Salvador, Italy and Germany.

The 217th was also chosen for force protection during the 2002 Olympics in Salt Lake City, Utah (JTF-Olympics), where most members stayed for the dura-

tion of the mission. On Sept. 8, 2002, the 217th was deployed to Fort McPherson, Fort Gillem, and Fort Benning, Ga., in support of Operation Enduring Freedom/Noble Eagle II.

In June 2003, the 217th received orders for JTF-Guantanama Bay, Cuba, in support of Operation Enduring Freedom.

On Aug. 9, 2003, the unit reported to Fort Dix, N.J., for Mission Readiness Training. While at Fort Dix, N.J., elements from the 169th Military Police Company and the 1/65th Infantry Battalion (Puerto Rico National Guard) were attached.

While assigned to Guantanamo Bay, elements of the 1/65th Infantry Battalion were relieved by elements of the 1/119th Field Artillery and the 2/102nd Armor, which were then attached to the 217th Military Police Company for the duration of its mission.

217th MILITARY POLICE COMPANY



Photo by SGT Jolene Staker



Photo by SPC Katherine Collins



Photo by SPC Katherine Collins



Photo by SPC Katherine Collins



Photo by SPC Katherine Collins



Photo by SSG Patrick Cloward

*You have shown
an intense drive
to accomplish any
mission with unwavering professionalism.*

-CPT David R. Love

To the men and women of the 217th Military Police (MP) Company and our very special Family Readiness Group:

The 217th MP Co. has been mobilized since September 2002. The dedicated soldiers of this unit were ready to go wherever our country called and ready to serve.

Even before this deployment, a lot of the soldiers from the 217th were already working homeland defense in our respective states. So, you and your families should take pride in the fact that you have done your part in defending the freedoms of America. You have shown an intense drive to accomplish any mission with unwavering professionalism.

Reflecting back to when I first joined the 217th and the unknown of our impending mission, I recall the great enthusiasm and incredible cohesion of this unit. We came together from many units (169th MPs and the 102nd Armor) and formed the 217th family. We trained hard and immediately set the standard that so many others now recognize in this unit today.

We have been consistent in treating everyone we encounter with respect and dignity, and we have undying loyalty to the family we call the 217th. We took on this mission with inspiring strength and

have finished with an uncompromising resolve. Despite the many challenges of this mission, we have continued to exceed standards.

Our biggest challenge through this deployment was the loss of our beloved, 1SG Ronald Claunch. He took care of soldiers and meant everything to us. He was a real leader. We will always remember him and love him. We really appreciate the support we received from everyone in the Joint Detention Operations Group and the Joint Task Force during this sad time and you will always be close to our hearts.

We have accomplished many things to take with us as we leave Guantanamo Bay, Cuba. We will get home with a greater level of physical fitness. Many of you have worked to improve yourselves through continued military or civilian education while others work towards a new job or possibly a new career. Most of all, your untiring efforts and innovative ideas have changed the face of this mission. You have surpassed and furthered the legacy of the 217th!!!

This entire mission was a success for so many reasons and so many fine people!! I want to thank everyone for all of their hard work and caring. Your contributions



**217th Military Police Company Commander
CPT David R. Love**

resulted in high payoff for accomplishing this mission.

All of you are only limited by your imaginations. I humbly thank the families and friends who have shown so much love and loyalty. We have represented well. It has really been "A job well done." God bless us all as we charge forward on our next journey. **Honor Bound!**

To the members of the 217th Military Police Company:

The 217th Military Police Company is a very proud unit. The company consists mostly of professional law enforcement personnel including city police, state troopers, sheriff's deputies, parole and probate officers and correctional officers. Over the past two years the company has shown their professionalism by doing an outstanding job. The state of Alabama can be very proud of the way this unit conducted itself during this deployment. Their families cannot only be proud but can also feel a part of the accomplishments this unit achieved. Family sacrifice and support was the key to this mission. Without this support our mission could not have been accomplished.

During this deployment our soldiers have developed a sense of responsibility and maturity that enabled them to become mission-ready at all times. Some soldiers emerged as leaders but all have a greater understanding of loyalty, duty, respect, selfless service, honor, integrity, and per-

sonal courage. As the 217th Military Police Company departs Guantanamo Bay, Cuba, we leave behind the 1/119th FA and 2/102 AR. It has truly been a pleasure serving with fellow soldiers who have come together and joined us in the War on Terrorism.

In closing, I can personally say that as a unit we have developed mental and physical toughness through the hard work of enduring the environment of working in Camp Delta. Through it all the 217th Military Police Company did it the right way. The 217th Military Police Company challenges GTMO 5 to do things the right way and take care of your soldiers.

God bless the 217th MP Co., the great state of Alabama, and the United States of America.

"Honor Bound"



**217th Military Police Company 1SG
1SG Edward McCurdy**

To the Soldiers of the 70th Mobile Public Affairs Detachment:

It is with great pride, honor and admiration that I address all the professionals that have made our deployment here to Cuba a huge success. What you've done during the last few months here at Joint Task Force (JTF) Guantanamo is remarkable.

Many aren't aware of the full spectrum of responsibilities a unit such as ours must bring to the table to successfully accomplish our mission.

The command information section successfully developed and distributed over 41 issues of "The Wire." You bounded over creative hurdles and still managed to succeed in putting out 41 of the best issues since the inception of the paper. You also maintained the JTF website, ensuring information was correct and posted timely in order to share our successes with family and friends around the globe.

The broadcast section successfully created, edited and distributed unit videos designed to tell the JTF story. Your accomplishments in capturing the story of units that have served here will forever remind those troopers of their resolve and success in fighting the Global War on Terror.

Over 250 JTF members sent holiday

greetings and hometown news releases to family and friends that appeared in a myriad of media outlets. The public information section worked diligently to market soldier stories all over the Nation and assisted the JTF commanding general in getting his welcome messages to each family member.

The media relations section successfully credentialed, coordinated, and escorted over 37 national and international media outlets. Media included NBC, ABC, CBS, FOX News, BBC, the New York Times, The Washington Post and a host of international outlets. Their success in facilitating these visits helped the JTF share with the world on both television and in print how what we're doing here at JTF-Guantanamo is helping to win the war on terror.

I would like to thank the JTF command element for trusting and mentoring the 70th while deployed here. I also would like to thank all the incredible troopers for sharing their stories with members of the 70th so we could share them with the world. I'd like to thank all those in Guantanamo (GTMO) Rotation 4 that helped the 70th succeed.

Finally, I'd like to assure the troopers of



70th Mobile Public Affairs Detachment Commander MAJ David S. Kolarik

GTMO 5 of my confidence in the dedication, professionalism and competence of our replacements, the 128th MPAD. They've been here only a short time and their desire to keep the ball moving is amazing. I welcome the GTMO 5 rotation and ask that you work with the 128th so they can be as successful as we were in telling such a fabulous story. God bless and **Honor Bound!**

To the members of the 70th Mobile Public Affairs Detachment (MPAD):

It's hard to believe the time is approaching for our departure. In many ways, it seems like yesterday when we got off the plane and took our first ride across the bay in a U-boat. Now the end is near, and we are looking at a new rotation of troopers learning some of the hard lessons we had to learn.

I couldn't be more proud of the soldiers in the 70th MPAD, as well as all the other Joint Task Force (JTF) troopers who helped us out in the Public Affairs Office. What an outstanding bunch of young men and women! Every one of them is a class act, doing their part to help win the Global War on Terrorism. Day or night, they could always be counted on to conduct themselves in a professional manner, whether they were working on their page of *The Wire*, shooting video of their fellow troopers in action, helping civilian media members tell the JTF story or enjoying some well-earned time off.

It also gave me a sense of satisfaction to have many of my troopers selected for

high-profile missions or be selected as the Headquarters and Headquarters Company Trooper of the Quarter. I will miss sharing in those successes that we've had over the past months.

To the soldiers of the 70th, thank you for a job well done. There won't be a day that goes by in the future that I won't think of you and the times we shared in Guantanamo. To the members of the GTMO 4 rotation, thank you for all the help you provided our office in fulfilling our various missions. Whether you participated in media interviews or helped keep our vehicles running, we couldn't have done our job without your support.

To the members of the GTMO 5 rotation, don't get discouraged. This is not an easy mission, but if you keep plugging away I think you'll find it is a rewarding deployment. Finally, to my friends at the Naval Base, I thank you for being gracious hosts and for all your hospitality.

I wish each and every one of you the best of luck in the future. Please be safe in all your endeavors. Thanks again for everything. **HONOR BOUND!!**



70th Mobile Public Affairs Detachment 1SG MSG John H. Campbell

Padre's Corner: The 'Wire' effect

By Chaplain (MAJ) Daniel Odean

"Honor bound to defend freedom."

We call it sacrifice, commitment, duty to country while maintaining our personal and professional integrity. We are bound by honor. Your personal honor is what your professional honor is built upon. Your professional honor is what the Army is dependent on. An organization is only as strong as its foundation and the Army's foundation is made up by each soldiers' commitment to personal and professional honor. You have been put to the test and you have successfully carried out the critical missions that you were tasked with. You have poured yourself out. But the question is, what will fill back in after you return home?

Be advised, you are different than when you were deployed. This mission has made you different.

Has it added to your life or taken things away?

Are you better or are you bitter?

Do you feel built up or torn down?

Is it your fault or someone else's?

Did you make good decisions or not so good decisions?



Chaplain (Lt. Col.) Stephen Feehan speaks to mass attendants during a recent Protestant Service.

File photo

Chapel Services and Programs

Alpha Course

A discussion forum designed to answer questions about Christianity. Held at Camp America North, room L001, every Tuesday at 7 p.m.

Soul Survivor

Listen to contemporary Christian music and dynamic preaching by CH Odean. Held at the Club Survivor deck every Wednesday at 7 p.m. Refreshments available also.

Thursday Ticket

Each week a contemporary movie is played and afterwards viewers discuss the morals and ethics shown in the film. Held at Camp America North, room L001, every Thursday at 7 p.m.



Photo by Airman 1st Class Joe Laddan

Tuesday night word

JTF members watch a Christian television program during Alpha Course. Attendants then discuss the program and share refreshments.

15 Minutes of Fame...

With SGT Jeffrey Wells, 70th MPAD

By SPC Katherine L. Collins

Inspired to enter military service primarily by his uncle, SGT Jeffrey Wells has learned from his combined 12 years as an airman and soldier to work hard and play hard as he teaches others and further grows himself as a servicemember and person. Wells makes the most of his JTF deployment by focusing on performing his best and growing as an NCO and broadcaster, roles he finds rewarding. He maximizes his free time doing Guantanamo Bay's fun activities and other hobbies he enjoys and he is striving to return home safe as a better husband, father and soldier. He finds his greatest pride in knowing he is one of a small number of men and women who have stepped forward to defend America.



SGT Jeffrey Wells, chief of JTF's public affairs broadcast section, captures JTF troopers on film, footage he and his broadcast team then arrange and sometimes set to music to create such products as unit videos and holiday greetings. Wells said about broadcasting, "Sometimes it just doesn't feel like work - I'm enjoying myself... yet... getting paid for it."

Q: What inspired you to join the military?

A: It was any number of things including the poor job market, being tired of college, the desire to get out of the house. I think though, my Uncle Jesse, a 31-year veteran of the Army, was probably my biggest inspiration, both in joining the military and learning to be a better person in general.

Q: How many years and in what branches and components have you served?

A: I think I'm at 12-plus years now. Guess I need to check the records. I started in the Air Force, had a break in service, joined the Alaska Air National Guard, then moved home to Missouri and wound up in the Army National Guard.

Q: Where have you deployed?

A: On active duty, I was stationed in Turkey, then Japan, and the Alaska Guard sent me all over bush Alaska and once to Hawaii. Since joining the Army Guard, I've been to Panama and now here. Also, once, while in Japan, I did a 3-day tour on a Navy aircraft carrier.

Q: What do you recall as your best military experience?

A: It's hard to say, for I've had a lot of good ones, but I think probably my tour in

Turkey was the best. I was a young impressionable airman and wound up in a unit with some fantastic leadership and great co-workers. I think back to those days when I need inspiration to get a job done right. Overall, I just enjoy getting to meet some of the outstanding people along the way. Traveling to different places is a close second.

Q: In what ways has your family supported you in your military service?

A: Well, there's the obvious — my wife is home right now taking care of everything for me. Then there're also the little things, like picking me up at the airport, helping get a new patch sewn on, telling me how great I look in uniform. Those are the things that stick in my mind.

Q: What drew you to broadcasting and what do you enjoy most about it?

A: I started out working at a local radio station during college. Then I learned of the job in the military when, in the Air Force, I was picked during basic training to audition for the broadcaster course at the Defense Information School. The greatest part for me is that sometimes it just doesn't feel like work — I'm enjoying myself, playing with a video camera, listening to music to put with the video, and yet I'm getting paid for it.

Q: What other public affairs experience do you have?

A: In the Air Force, I was a broadcaster for the Armed Forces Radio and Television Service (AFRTS). When I joined the Air Guard, I worked in the state public affairs office. Civilian wise, I've worked in television and radio, had my own video-production business for a while and also worked for a newsclipping service. I might also count my stint as a police officer, which was constantly dealing with the public.

Q: As the broadcast NCO, what qualities do you find most beneficial to be a good leader?

A: To me, subject matter knowledge is important. I want to be able to do the tasks myself and teach others how to do them. The other thing for me is directness. I give them an assignment, tell them what I expect, and let them take off. You also have to trust your folks to do their jobs.

Q: What personal strengths do you find benefit you most in this mission?

A: I think, without sounding too much like braggadocio, mainly my ability to concentrate on the job at hand and get it done. I'm able to do things one day at a time, while still staying focused on the big picture.

Q: What do you do to relax when you deploy?

A: This deployment, scuba diving has been my salvation. I also enjoy drawing, reading history and science fiction, and playing music, like on the guitar and blues harmonica. In Alaska, I learned to play bagpipes too.

Q: Looking back on your overall military experience, what makes you most proud to serve?

A: I'm most proud anytime I see a Veterans Day or Memorial Day service with all those folks who've served before me or whenever I see American flags displayed outside homes. Also, when I remember that we in the military are a very small percent of the country who have stepped up and sworn to do our part to keep the country great — that makes me proud!

The GTMO Guide: Answers to Your Questions

What can help me? What's for lunch? What movie's playing? Where can I find that? How does this work?

Family Rights and the IG

Your family has the right to contact the Inspector General. The military member's spouse is usually the person who comes to the IG. A family member may request assistance or file a complaint just like the military member.

Family support is the topic usually addressed. The Inspector General has a special responsibility to families when dealing with this matter. The first concern of the IG in family support cases is to be sure immediate basic needs are met. If basic needs are not met, the IG will contact local support agencies both military and civilian to provide assistance.

Spouses often contact the IG to ensure support payments are correct and applied to the correct account.

Money is not the only issue family members raise. Please

Bus stop routes include the following stops. Not all stops are listed.

Sherman Avenue

First Street — :00; :30;
East Caravella — :03; :33;
Marine Hill — :05; :35;
Post Office — :10; :40;
Windjammer — :11; :41;
NEX — :14; :44;
Bulkeley landing — :17; :47;
Ferry landing — :21; :51;
Commissions Building — :23; :53;
Ordnance — :26; :56;
Bulkeley landing — :28; :58;
NEX — :32; :02;
Windjammer — :36; :06;
Post Office — :37; :07;
Marine Hill — :41; :11;
Hospital — :48; :18;
Windward Loop 1 — :52; :22.

Your guide to ...

IG

inform your family that they may receive IG assistance at your home station or here at Guantanamo Bay. We can be contacted commercially from the US at 011-53-99-5399 or by email at ig@jftgtmo.southcom.mil.

You may visit the IG office in Room 204 of the Commissions Building Monday - Saturday. The IG phone number is 5399. The Camp America IG office is in Building 7200 and is staffed Monday, Wednesday, Friday afternoons and Tuesday, Thursday, and Saturday mornings. The Camp America Office phone is 3501. IG assistance is available anytime by appointment.

Your guide to ...

Buses

Camp America/NEX

Camp Alpha — :00; :20; :40;
NEX trailer — :02; :22; :42;
Camp Delta 2 — :06; :26; :46;
TK 4 — :12; :32; :52;
TK 1 — :16; :36; :56;
Windjammer/Gym — :23; :43; :03;
NEX — :30; :50; :10;
Windjammer Gym — :35; :55; :15;
TK 1 — :40; :00; :20;
TK 4 — :46; :06; :26;
Camp Delta 1 — :52; :12; :32;
Camp Alpha — :00; :20; :40.



DOWNTOWN LYCEUM

Fri.,

8 p.m. Johnson Family Vacation

PG - 97 min

10 p.m. The Punisher

R - 124 min

Sat.,

8 p.m. 13 Going On 30

PG13 - 97 min

10 p.m. Man On Fire

R - 142 min

Sun.,

8 p.m. Harry Potter & The Prisoner of Azkaban

PG13 - 90 min

Mon.,

8 p.m. The Punisher

R - 124 min

Tues.,

8 p.m. 13 Going On 30

PG13 - 97 min

Wed.,

8 p.m. Kill Bill Volume 2

R - 137 min

Thurs.,

8 p.m. Harry Potter & The Prisoner of Azkaban

PG13 - 90 min R - 122 min

"In today's world, operations security (OPSEC) can be the determining factor in mission success. Use OPSEC to protect sensitive, unclassified information about your mission, your office and your co-workers. Be careful where and when

you disclose details about your home, your family and yourself. Be aware. America's enemies are armed with hatred. Don't arm them with information that can harm us".
Interagency OPSEC Support Staff

Tread Well With the Right Footwear

By PFC Chris Gardner

With 20 marathons and thousands of miles of training under his belt, Sgt. 1st Class Gordon Hyde, NCOIC of the newly arrived 128th Mobile Public Affairs Detachment's broadcast section, offers advice on running shoes.

"You don't need turning signals or headlights on running shoes," he said. Just find the pair that works. When you have found the perfect shoe, stick with it and buy several extra pairs.

"Each time you try a new shoe, you risk injury," he said. Staying with the same type of shoe means your feet are already accustomed when you change pairs, and the risk of injury is reduced.

Perhaps only avid runners should take such advice. Hyde's extensive background in running has led him to "spend shoes" quite freely. Having ran 20 marathons with five wins and a best time of 2 hours, 22 minutes.

His training called for him to run up to 100 miles per week during training. Shoe experts recommend putting no more than 400 miles on each pair. But for people like Hyde, who don't want to spend all their money on shoes, it's good to be frugal. "Give me a tube of [shoe glue], and I've got 2,000 miles," he said.

When buying a new pair of shoes, considering the arch is particularly important.

To find out whether you have a low, medium or high-arched foot, wet your foot and check the footprint on cement. High-arched feet leave a thin print and low-arched feet leave a wide print. Shoe stores often categorize their shoes by the arch.

Buying shoes with the



Photo by SGT Scott Griffin

SFC Gordon Hyde, five-time marathon winner.

wrong arch can cause injuries such as shin splints, Hyde said. Usually, however, shin splints attack non-habitual runners more than experienced ones. Running on softer surfaces also helps alleviate injury.

Either way, the more running people do, the better shape they'll be in, provided proper precautions are made. Cramps, strained Achilles tendons and pulled muscles are all common injuries, Hyde said, and should be treated through doctors and massage therapists.

Lt. Cmdr. Linda Youberg, a massage therapist at the Naval Hospital, said knee pain is the most familiar complaint of her patients with running injuries. Overuse and inadequate build-up of often-unprepared muscles is what does the wearing and tearing, she said. Building up strength by gradually running longer distances will help prevent future injuries.

Consistent training and good running shoes will help prevent injury and increase strength. A good runner is one who is healthy, strong, light and efficient.



Catholic		
Main Chapel		
Wed.	5 p.m.	Holy Hour and Rosary
	6:00-6:25 p.m.	Confessions
	6:30 p.m.	RCIA (Chaplain's office)
Sat.	4:15 p.m.	Confession
	5:30 p.m.	Vigil Mass
Sun.	9 a.m.	Mass
	10:15 a.m.	Spanish Mass (Sanct. B)
M-Fri.	11:30 a.m.	Mass (Cobre Chapel)
Camp America		
Sun.	5:30 p.m.	Episcopal Mass
	7:30 p.m.	Mass
Protestant		
Main Chapel		
Mon.	7 p.m.	Prayer Group Fellowship*
Wed.	7 p.m.	Men's Bible Study*
	9:30 a.m.	Sunday School
	11 a.m.	Service/Sunday School
* Fellowship Hall located in Chapel Complex		
Camp America		
Tues.	7 p.m.	Alpha
Wed.	7 p.m.	Soul Survivor (Club Survivor)
Sun.	9 a.m.	Protestant
New Life Fellowship		
Sun.	1 p.m.	Service (Main Chapel)
Pentecostal Gospel		
Sun.	8 a.m.	Service (Sanc C)
	5 p.m.	Service (Sanc C)
The Church of Jesus Christ of Latter-Day Saints		
Sun.	9 a.m.	Sanctuary A
Islamic		
Fri.	1 p.m.	Classroom 12, Chapel Complex
Jewish		
Call 2323 for more information		
Camp America Church Bus schedule:		
Sun.	8:15 a.m.	Tierra Kay
The bus will return following worship.		



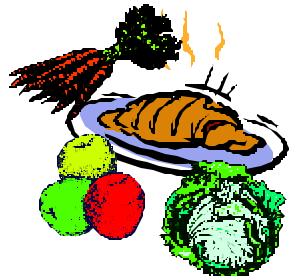
Today: lunch - Carribean Chicken Breast; dinner - Teriyaki Steaks	
Saturday: lunch - Cornish Hens; dinner - Chicken Parmesan	
Sunday: lunch - Beef Sauerbrauten; dinner - Dijon Pork Chops	
Monday: lunch - Fried Catfish; dinner - Country Fried Steak	
Tuesday: lunch - Fried Chicken; dinner - Roast Turkey	
Wednesday: .lunch - Cajun Meat Loaf; dinner - Oriental Pepper Steak	
Thursday: lunch - Turkey a la King; dinner - Beef Stroganoff	
Friday: lunch - Baked Fish Scandia; dinner - Prime Rib and Crab Legs	



Photo by SSG Patrick Cloward



Photo by SSG Patrick Cloward

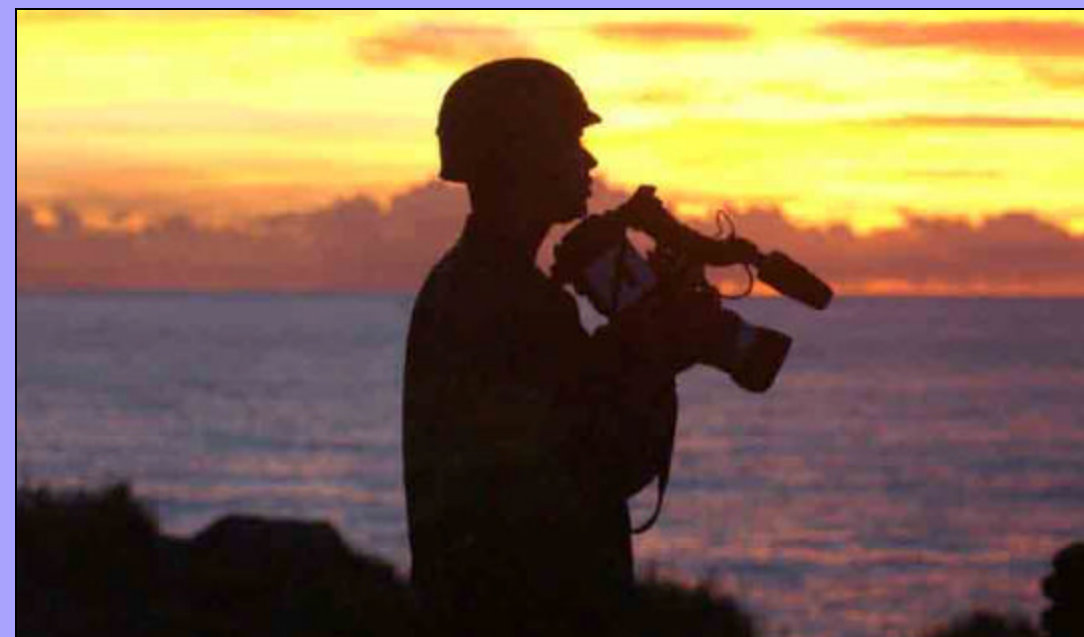


Photo by SSG Patrick Cloward



Photo by SGT Jolene Staker



Photo by SPC Mickey Miller



Photo by SSG Patrick Cloward

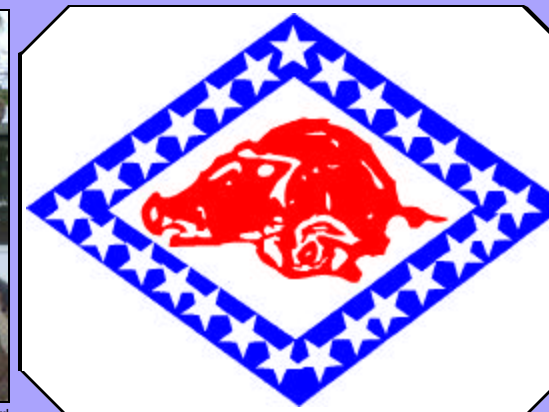


Photo by SPC Rick Fahr

70th Mobile Public Affairs Detachment

"Many aren't aware of the full spectrum of responsibilities a unit such as ours must bring to the table to successfully accomplish our mission."

-MAJ David S. Kolarik



Photo by SPC William Ingram

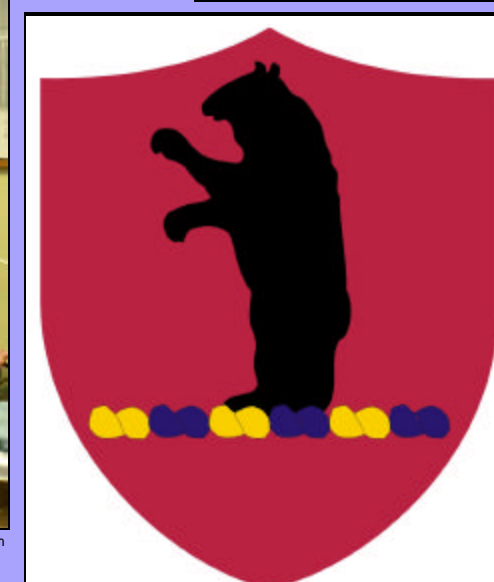


Photo by SGT Jolene Staker



Unit History



Maine



Rhode Island



New Hampshire

The 169th Military Police Company is a combined unit consisting of a headquarters in Rhode Island and two detachments, one from Maine and the other from New Hampshire. Founded in 1755, the 169th stands as the oldest unit in the Rhode Island Army National Guard.

Since its founding, the 169th has been activated eight times and experienced active service during seven major American wars, beginning with the American Revolution. It has also been called to serve during state emergencies, including the Great Blizzard of 1978, during which it provided supplies and transportation. In addition, although the company was not activated during Operation Desert Shield/Storm in 1990 to 1991, several of its members volunteered to serve with the military police units of the Rhode Island Guard, which were mobilized.

During its almost two and a half century existence, the 169th has had a great number of reorganizations to meet current requirements, developing it into the outstanding augmentee unit to the 217th Military Police Company and overall asset it has proved to be during JTF GTMO's fight in Operation Enduring Freedom.



SSG Terry Johnson
169th MP Co. NCOIC

Arriving in Guantanamo Bay the 169th MP Co., combined from three states, faced the challenge of meeting the mission's standard as well as understanding how each member of the company operates.

At Fort Dix, N.J., we met as complete strangers and were assigned to the 217th MP Co. - a unit we knew nothing about, except they were from Alabama. The 217th took us under its wing, making us feel welcome and quickly comfortable with our new comrades, between the steady training and after hours "social activities." By the

end of our pre-operation training, the 169th members had achieved a common bond among themselves and with the 217th.

After hitting ground at GTMO, we immediately began the steps necessary to get us into the "wire" - briefings, right-seat/left-seat ride. Then we were on our own - running blocks and every aspect of the mission - whatever it entailed.

Our Fort Dix training gave us confidence to run the show; however, as we worked, we quickly understood what it took to "effectively" run the camp by the SOP. As each NCO operated the block by his leadership style, the troops adjusted to these various styles on a daily basis; however, at the end of each workday, whether it was a good or bad day, we had successfully completed the day's mission.

Now, at the end of the deployment, I can say we have learned a great deal. The past 10 months we were subject to different cultures, lifestyles and leadership, learning from them all as models, some of what to do and some of what not to do, in an effort to improve ourselves personally and professionally. There have been some good friendships and many memories. We all will have many stories and thoughts to share for years to come.

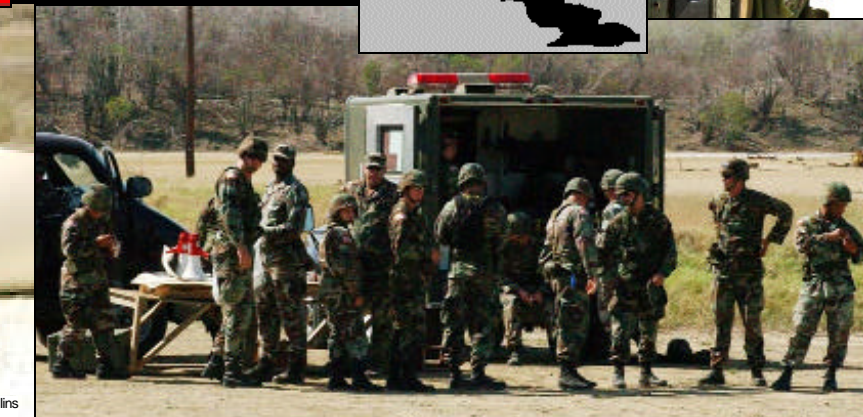
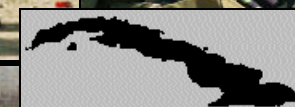
Mission First...

Working corrections in Camp Delta



...Training Always

Weapons training at Grenadillo Range



Photos by SPC Katherine L. Collins